

**Do you love food? Are you passionate about helping people? Do you get excited about exercise and sport? Or does specialising in an area of Dietetics appeal to you?**

Eat Smart is looking for enthusiastic and passionate new member/s of the team. Are you right for Eat Smart and is Eat Smart right for you? Answer these questions:

- Do you get excited about cooking, trying new foods, finding new recipes and eating great food?
- Do you have a background in sport and exercise?
- Do you love helping people?
- Are you the type of person that can walk into a room and just start talking to people?
- Do people warm to you easily?
- Do others think you are a good listener?
- Do you like to work as a member of a team?

If you answered yes, then we are looking for you!

Eat Smart is a dynamic, forward thinking nutrition consulting business. We help hundreds of people everyday in a broad range of areas. We are practical, innovative and above all, committed to providing the best nutrition consultation we can. In recent times we have expanded the specialist areas that we are working in and highly value working in multidisciplinary teams for the best outcomes for our clients.

We are excited to offer a Clinical and Sports Nutrition Internship starting in January 2021.. The internship placement will run for 20 weeks. The internship would be suitable to graduating students or recent graduates. Eat Smart has been in business over 30 years and we are experiencing fast growth. We are building our future and we would like you to be a part of it!

**Why are we offering this internship?**

We know that universities cannot provide all the real life education a Dietitian and Sports Dietitian needs to be successful upon graduation. We know that job opportunities can be hard to come by. We aim to provide additional practical experience, in the field, to complement your formal studies. Eat Smart has a vision to expand our reach to greater Queensland so we can help more people improve their nutritional health, life performance and sporting ambitions. This includes students and those new to private practice or the sports nutrition workforce. We are hoping that one of our interns will turn out to be our next, awesome Eat Smart team member! In fact, two of our current Dietitians are intern alumni.

### **Who can apply?**

- New or recent Dietetic graduates or those about to graduate.
- Those with more experience who would like to increase their skill and knowledge in clinical dietetics, sports nutrition and private practice.

### **Who are we looking for?**

Someone who would be a great fit for the Eat Smart team!

In private practice and in sports nutrition, being a people person is vital to your success and enjoyment in the role.

We **can** teach you:

- medical nutrition therapy
- sports nutrition principles
- motivational interviewing

We **cannot** teach you to:

- be enthusiastic,
- be empathetic
- be passionate
- simply love helping people!

If you're a natural "people person" with a genuine interest in changing people's lives, then you are what we are looking for.

### **How many hours will you work?**

We are happy to be flexible to suit your timetable, but we would love to have you on board 2 days or approximately 16 hours per week. This will include time where you will observe an Eat Smart Dietitian in action, opportunities where you can assist an Eat Smart Dietitian in their role and also some project or independent work.

### **Is this a paid position?**

This position will offer a paid honorarium of \$1500 as well as the value of experience, exposure and learning off the best in the business. If you really impress us, you may even land a part-time or full-time paid position with Eat Smart (hello, dream job!).

You will also be given the opportunity to be part of:

- ☐ Our new graduate education and training program
- ☐ Continuing professional education
- ☐ Access to our webinar library
- ☐ Professional development opportunities

## How do you apply?

To apply please send your application to [admin@eatSMARTnutrition.com](mailto:admin@eatSMARTnutrition.com), detailing your interest in the position. Your application is to include:

- a. A standout video cover letter outlining why this position appeals to you, why Eat Smart is the right fit for you and why you would be the right fit for Eat Smart!
- b. Your Curriculum Vitae – please include your previous employment, sporting and volunteer experience.

Applications are due by COB Friday 27th November.. (Yes the timeframe is short, but you need to be able to work to a deadline!). Interviews will be held on Saturday 12th December.

If you would like further information on the position, please contact Lauren on [lauren@eatSMARTnutrition.com](mailto:lauren@eatSMARTnutrition.com) or 0411741059.